NEW ZEALAND JEWISH MEDICAL ASSOCIATION
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ROSH HASHANAH 2026

Warm wishes for the Jewish New Year

A message to New Zealand's healthcare community

Kia ora,

This September, Jewish communities across New Zealand and around the world will celebrate Rosh Hashanah, the Jewish New Year, followed by Yom Kippur and Sukkot.

This message is also intended to support hospitals, clinics and healthcare teams with planning ahead where possible. Some Jewish staff, students and patients may wish to observe these important dates. Yom Kippur is traditionally observed as a day of fasting, so consideration when arranging rosters, leave, appointments and team events would be greatly appreciated.

On behalf of the New Zealand Jewish Medical Association, we extend our warmest wishes to Jewish doctors, nurses, allied health professionals, healthcare staff, students, patients and whānau.

Jewish colleagues and patients are an integral part of New Zealand's diverse healthcare community. Rosh Hashanah is a time of renewal, reflection and hope, and an opportunity to recognise the values that bring us together: care, kindness, respect and a shared commitment to the wellbeing of our communities.

As the new Hebrew year begins, we wish the entire healthcare community, our patients and their whānau good health, peace and a positive year ahead.

Shanah Tovah wishing everyone a happy and sweet New Year.

Key dates for 2026:

Rosh Hashanah	Sunset Friday, 11 September, to nightfall Sunday, 13 September
Yom Kippur	Sunset Sunday, 20 September, to nightfall Monday, 21 September
Sukkot	Sunset Friday, 25 September, to nightfall Friday, 2 October

Ngā mihi,

New Zealand Jewish Medical Association Incorporated
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